

**Powerhouse Gym - 10AM – Friday – June 10 - Held in Seatac, WA**

1	1 each BARBELL 150LB	19	1 each BARBELL 25LB	37	1 each SET OF 2 25LB DUMBELLS
2	1 each BARBELL 140LB	20	1 each BARBELL 20LB	38	1 each SET OF 2 20LB DUMBELLS
3	1 each BARBELL 130LB	21	1 each METAL BARBELL RACK	39	1 each SET OF 2 100LB DUMBELLS
4	1 each BARBELL 120LB	22	1 each SET OF 3 100LB DUMBELLS	40	1 each SET OF 2 95LB DUMBELLS
5	1 each BARBELL 110LB	23	1 each SET OF 3 95LB DUMBELLS	41	1 each SET OF 2 90LB DUMBELLS
6	1 each BARBELL 100LB	24	1 each SET OF 2 90LB DUMBELLS	42	1 each SET OF 2 85LB DUMBELLS
7	1 each BARBELL 90LB	25	1 each SET OF 2 85LB DUMBELLS	43	1 each SET OF 2 80LB DUMBELLS
8	1 each BARBELL 80LB	26	1 each SET OF 3 80LB DUMBELLS	44	1 each SET OF 2 75LB DUMBELLS
9	1 each BARBELL 75LB	27	1 each SET OF 2 75LB DUMBELLS	45	1 each SET OF 2 70LB DUMBELLS
10	1 each BARBELL 70LB	28	1 each SET OF 2 70LB DUMBELLS	46	1 each SET OF 2 65LB DUMBELLS
11	1 each BARBELL 65LB	29	1 each SET OF 2 65LB DUMBELLS	47	1 each SET OF 2 60LB DUMBELLS
12	1 each BARBELL 60LB	30	1 each SET OF 2 60LB DUMBELLS	48	1 each SET OF 2 55LB DUMBELLS
13	1 each BARBELL 55LB	31	1 each SET OF 2 55LB DUMBELLS	49	1 each SET OF 2 50LB DUMBELLS
14	1 each BARBELL 50LB	32	1 each SET OF 2 50LB DUMBELLS	50	1 each SET OF 2 50LB DUMBELLS
15	1 each BARBELL 45LB	33	1 each SET OF 2 45LB DUMBELLS	51	1 each SET OF 2 50LB DUMBELLS
16	1 each BARBELL 40LB	34	1 each SET OF 2 40LB DUMBELLS	52	1 each SET OF 2 45LB DUMBELLS
17	1 each BARBELL 35LB	35	1 each SET OF 2 35LB DUMBELLS	53	1 each SET OF 2 40LB DUMBELLS
18	1 each BARBELL 30LB	36	1 each SET OF 2 30LB DUMBELLS	54	1 each SET OF 2 40LB DUMBELLS

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55	1 each	73	1 each	91	1 each
	SET OF 2 35LB DUMBELLS		SET OF 2 145LB DUMBELLS		METAL DUMBELL RACK
56	1 each	74	1 each	92	1 each
	SET OF 2 30LB DUMBELLS		SET OF 2 35LB DUMBELLS		METAL DUMBELL RACK
57	1 each	75	1 each	101	1 each
	SET OF 2 25LB DUMBELLS		SET OF 2 30LB DUMBELLS		HAMMER STRENGTH ISO SHOULDER PRESS
58	1 each	76	1 each	102	1 each
	SET OF 2 20LB DUMBELLS		SET OF 2 22.5LB DUMBELLS		HAMMER STRENGTH ISO LATERAL INCLINE PRESS
59	1 each	77	1 each	103	1 each
	SET OF 2 15LB DUMBELLS		SET OF 2 6LB DUMBELLS		HAMMER STRENGTH ISO INCLINE PRESS
60	1 each	78	1 each	104	1 each
	SET OF 2 10LB DUMBELLS		SET OF 2 6LB DUMBELLS		HAMMER STRENGTH ISO
61	1 each	79	1 each	105	1 each
	SET OF 2 5LB DUMBELLS		SET OF 2 25LB DUMBELLS		HAMMER STRENGTH ISO LATERAL BEHIND NECK PULL DOWN MACHINE
62	1 each	80	1 each	106	1 each
	SET OF 2 175LB DUMBELLS		SET OF 2 15LB DUMBELLS		HAMMER STRENGTH ISO LATERAL HI ROW MACHINE
63	1 each	81	1 each	107	1 each
	SET OF 2 200LB DUMBELLS		SET OF 3 12LB DUMBELLS		HAMMER STRENGTH ISO BENCH PRESS
64	1 each	82	1 each	108	1 each
	SET OF 2 110LB DUMBELLS		SET OF 2 10LB DUMBELLS		BENCH PRESS
65	1 each	83	1 each	109	1 each
	SET OF 2 130LB DUMBELLS		SET OF 3 10LB DUMBELLS		BENCH PRESS
66	1 each	84	1 each	110	1 each
	SET OF 2 115LB DUMBELLS		SET OF 2 8LB DUMBELLS		BENCH PRESS
67	1 each	85	1 each	111	1 each
	SET OF 2 135LB DUMBELLS		SET OF 3 8LB DUMBELLS		BENCH PRESS
68	1 each	86	1 each	112	1 each
	SET OF 2 140LB DUMBELLS		SET OF 2 5LB DUMBELLS		INCLINE PRESS
69	1 each	87	1 each	113	1 each
	SET OF 2 120LB DUMBELLS		SET OF 2 5LB DUMBELLS		ATLANTIS LAT. MACHINE
70	1 each	88	1 each	114	1 each
	SET OF 2 105LB DUMBELLS		SET OF 2 3LB DUMBELLS		CYBEX SHOULDER PRESS
71	1 each	89	1 each		
	SET OF 2 150LB DUMBELLS		SET OF 2 3LB DUMBELLS		
72	1 each	90	1 each		
	SET OF 2 125LB DUMBELLS		METAL DUMBELL RACK		

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115 1 each DECLINE BENCH PRESS	131 1 each NEBULA DECLINE SQUAT MACHINE	151 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK W/ RACK
116 1 each SQUAT RACK	132 1 each BODY MASTER LE409 POWER SQUAT MACHINE	152 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
117 1 each SQUAT RACK	133 1 each LAT PULL MACHINE	153 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
118 1 each WEIGHT RACK	134 1 each SHOULDER PRESS BENCH	154 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
119 1 each SQUAT RACK	135 1 each SHOULDER PRESS BENCH	155 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
120 1 each 500LB CAP LAT PULLS MACHINE	136 1 each INCLINE BENCH	156 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
121 1 each 280LB CAP LAT PRESS MACHINE	137 1 each INCLINE BENCH	157 1 each 1 LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
122 1 each FLEX PERFORMANCE SYS SQUAT RACK	138 1 each DECLINE BENCH	158 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
123 1 each NEBULA LEG PRESS MACHINE	139 1 each FLAT BENCH	159 1 each LOT, ASSORTED FREE WEIGHTS ON THIS RACK WITH RACK
124 1 each BODY MASTERS LEG EXTENSION MACHINE	140 1 each FLAT BENCH	160 1 each LOT, ASSORTED 100LB WEIGHTS IN THIS STACK
126 1 each FLEX PERFORMANCE SYS 45 DEGREE DONKEY CALF MACHINE	141 1 each FLAT BENCH	161 1 each LOT, ASSORTED 100LB WEIGHTS IN THIS STACK
127 1 each HAMMER STRENGTH WRIST MACHINE	142 1 each FLAT BENCH	
129 1 each FLEX PERFORMANCE SYS CALF MACHINE	143 1 each CURL BENCH	
130 1 each BEX INCLINE SQUAT MACHINE	144 1 each CURL BENCH	
	145 1 each NECK MACHINE	
	146 1 each HAMMER STRENGTH SHOULDER PULL MACHINE	
	147 1 each PULL UP BAR	

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162 1 each LOT, ASSORTED 100LB WEIGHTS IN THIS STACK	177 1 each WEIGHT BAR	202 1 each FLEX PERFORMANCE SYS LEG CURL MACHINE
163 1 each LOT, ASSORTED 45LB WEIGHTS IN THIS STACK	178 1 each WEIGHT BAR	203 1 each FLEX PERFORMANCE SYS HAMTRACTOR MACHINE
164 1 each LOT, ASSORTED 45 LB WEIGHTS IN THIS STACK	179 1 each WEIGHT BAR	204 1 each FLEX PERFORMANCE SYS HAMFLEXOR MACHINE
165 1 each LOT, ASSORTED 45 LB WEIGHTS IN THIS STACK	181 1 each WEIGHT BAR	205 1 each WORKOUT BENCH
166 1 each LOT, ASSORTED 45LB WEIGHTS IN THIS STACK	182 1 each CURL BAR	206 1 each LEG TECH BUTT BLASTER
167 1 each LOT, ASSORTED 45LB WEIGHTS IN THIS STACK	183 1 each CURL BAR	207 1 each HIGH TECH GLUTE ISOLATOR MACHINE
168 1 each LOT, ASSORTED 45LB WEIGHTS IN THIS STACK	184 1 each CURL BAR	208 1 each LEG MACHINE
169 1 each LOT, ASSORTED 45LB WEIGHTS IN THIS STACK	185 1 each CURL BAR	209 1 each FLEX PERFORMANCE SYS LEG CURL
170 1 each WEIGHT BAR	186 1 each CURL BAR	210 1 each FLEX PERFORMANCE SYS LEG EXTENSION MACHINE
171 1 each WEIGHT BAR	187 1 each 6' FOLDING TABLE	211 1 each FLEX PERFORMANCE SYS LEG EXTENSION MACHINE
172 1 each WEIGHT BAR	188 1 each BAR RACK	212 1 each GENIE CALF STRETCH MACHINE
173 1 each WEIGHT BAR	191 1 each LOT, ASSORTED MIRRORS ON NORTH WALL	213 1 each SITUP BENCH
174 1 each WEIGHT BAR	192 1 each LOT, ASSORTED MIRRORS ON SOUTH WALL	214 1 each SITUP BENCH
175 1 each WEIGHT BAR	193 1 each LOT, ASSORTED MIRRORS ON WEST WALL	215 1 each FLAT BENCH
176 1 each WEIGHT BAR	194 1 each NEON SIGN	216 1 each INCLINE SITUP BENCH
	201 1 each BODY MASTER 110 LEG EXTENTION MACHINE	

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217	1 each	EXERCISE BALL	234	1 each	6 DOOR METAL LOCKER	250	1 each	STAIRMASTER 4400CL FREECLIMBERS W/DIGITAL CONTROL CONSOLE
218	1 each	EXERCISE BALL	235	1 each	LOT, ASSORTED MACHINE PARTS	251	1 each	STAIRMASTER 4400CL FREECLIMBERS W/DIGITAL CONTROL CONSOLE
219	1 each	EXERCISE BALL	241	1 each	DIAMONDBACK 1100U UPRIGHT EXERCISE BIKE W/DIGITAL CONTROL CONSOLE	252	1 each	STAIRMASTER 4400CL FREECLIMBERS W/DIGITAL CONTROL CONSOLE
220	1 each	EXERCISE BALL	242	1 each	DIAMONDBACK 1100U UPRIGHT EXERCISE BIKE W/DIGITAL CONTROL CONSOLE	253	1 each	STAIRMASTER 4400CL FREECLIMBERS W/DIGITAL CONTROL CONSOLE
221	1 each	EXERCISE BALL	243	1 each	DIAMONDBACK 1100U UPRIGHT EXERCISE BIKE W/DIGITAL CONTROL CONSOLE	254	1 each	STAIRMASTER 4400CL FREECLIMBERS W/DIGITAL CONTROL CONSOLE
222	1 each	EXERCISE BALL	244	1 each	PRECOR C962I TREADMILL W/DIGITAL CONTROL CONSOLE	255	1 each	PRECOR EFX546 ELLIPTICAL CROSS TRAINER W/DIGITAL CONTROL CONSOLE
223	1 each	LOT ASSORTED MATS	245	1 each	PRECOR C962I TREADMILL W/DIGITAL CONTROL CONSOLE	256	1 each	PRECOR EFX546 ELLIPTICAL CROSS TRAINER W/DIGITAL CONTROL CONSOLE
224	1 each	LOT, ASSORTED MATS	246	1 each	PRECOR C962I TREADMILL W/DIGITAL CONTROL CONSOLE	257	1 each	PRECOR EFX546 ELLIPTICAL CROSS TRAINER W/DIGITAL CONTROL CONSOLE
225	1 each	MIRRORS IN THIS ROOM	247	1 each	LIFE FITNESS 9100HR TREADMILL W/DIGITAL CONTROL CONSOLE	258	1 each	LIFE FITNESS TOTAL BODY SYSTEM CROSSTRAINER
226	1 each	ASSORTED CHILDRENS TOYS	248	1 each	LIFE FITNESS 9100HR TREADMILL W/DIGITAL CONTROL CONSOLE	259	1 each	STAIRMASTER STEPMILL STAIRCLIMBER W/ DIGITAL CONTROL CONSOLE
227	1 each	COAT RACK	249	1 each	LIFE FITNESS 9100HR TREADMILL W/DIGITAL CONTROL CONSOLE	260	1 each	STAIRMASTER STEPMILL STAIRCLIMBER W/ DIGITAL CONTROL CONSOLE
228	1 each	2 DOOR WOOD CABINET						
229	1 each	PADDED WOOD CHAIR						
230	1 each	IMITATION TREE						
231	1 each	5' ALUMINUM STEP LADDER						
232	1 each	HAND TRUCK						
233	1 each	KONICA 2028 COPIER						

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261 1 each STAIRMASTER 7000PT STEPMILL STAIRCLIMBER W/ DIGITAL CONTROL CONSOLE	272 1 each BODY MASTER MD221A ABDOMINAL CRUNCH MACHINE	291 1 each LOT,ASSORTED FLOOR MATS IN THIS ROOM
262 1 each JACOBS LADDER TOTAL BODY EXERCISER W/ DIGITAL CONTROL CONSOLE	273 1 each 150LB ABDOMINAL MACHINE	292 1 each LOT,ASSORTED MIRRORS AGAINST SOUTH WALL
263 1 each LIFE FITNESS 9500HR UPRIGHT EXERCISE BIKE W/ DIGITAL CONTROL CONSOLE	274 1 each BODY MASTER 420 TRICEP PRESS	293 1 each LOT, ASSORTED MIRRORS AGAINST WEST WALL
264 1 each LIFE FITNESS 9500HR UPRIGHT EXERCISE BIKE W/ DIGITAL CONTROL CONSOLE	275 1 each BODY MASTER MD422 OVERHEAD TRICEP EXTENSION	294 1 each 24 DOOR METAL LOCKER
265 1 each LIFE FITNESS HR UPRIGHT EXERCISE BIKE W/ DIGITAL CONTROL CONSOLE	276 1 each LIDO SHOULDER PRESS MACHINE	295 1 each 3 DOOR METAL LOCKER
266 1 each BODY MASTER MD600 WRIST MASTER MACHINE	277 1 each SHOULDER PRESS MACHINE	296 1 each 3 DOOR METAL LOCKER
267 1 each GENESIS BICEP CURL MACHINE	278 1 each FLEX PERFORMANCE SYS AB MACHINE	297 1 each WOOD BENCH
268 1 each FLEX FITNESS SYS FLAT HEAD CURL MACHINE	279 1 each RECS ENTERPRISES COMBINATION PULLUPS & DIP MACHINE	298 1 each CONTENTS OF THIS CLOSET
269 1 each 200LB CAP UPRIGHT BENCH PRESS MACHINE	280 1 each LAT PULL MACHINE	299 1 each 10 DOOR METAL LOCKER
270 1 each FLEX PERFORMANCE SYS F602 ABFLEXOR MACHINE	281 1 each CHEST CRUNCH MACHINE	300 1 each 10 DOOR METAL LOCKER
271 1 each FLEX PERFORMANCE SYS LOW BACK MACHINE	282 1 each BODY MASTER MD504 SEATED DEC/REAR DELT MACHINE	301 1 each WOODBENCH
	283 1 each TRI/LAT MACHINE	302A 1 each MAJOR 1 DOOR COMBINATION SAFE
	284 1 each TAURUS FITNESS SYS MULI STATION MACHINE	302B 1 each LOT,REMAINING LOOSE ITEMS IN THIS CLOSET
		303 1 each TANNING BED
		304 1 each ROYAL SUN 36/3UHR TANNING BED 8000 WATTS
		305 1 each ROYAL SUN 36UHR TANNING BED 6500 WATTS

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306	1 each	ROYAL SUN 44/6UHR TANNING BED	322	1 each	METAL DEST
307	1 each	LOT,ASSORTED MIRRORS IN TANNING ROOM	323	1 each	WOOD DESK
308	1 each	AMEREC SAUNA	324	1 each	4 DRAWER FILE CABINET
311	1 each	DETECTO SCALE	325	1 each	4 DRAWER FILE CABINET
312	1 each	TOSHIBA DESKTOP COMPUTER W/MONITOR	326	1 each	4 DRAWER FILE CABINET
313	1 each	CANON PRINTER	327	1 each	4 DRAWER FILE CABINET
314	1 each	METAL DESK	328	1 each	SECRETARIAL CHAIR
315	1 each	SECRETARIAL CHAIR	329	1 each	PADDED ARM CHAIR
316	1 each	4 DRAWER FILE CABINET	330	1 each	WIRE RACK
317	5	PADDED METAL STACKING CHAIRS	331	1 each	WIRE RACK
318	1 each	DESKTOP COMPUTER W/MONITOR,KEYBOARD & MOUSE	332	1 each	PLASTIC SHELVING
319	1 each	DESKTOP COMPUTER W/MONITOR,KEYBOARD & MOUSE	333	1 each	PRINTER STAND
320	1 each	HP OFFICE JET 6110XI FAX,COPIER,SCANNER & PRINTER	334	1 each	FELLOWS PAPER SHREDDER
321	1 each	HEWLETT PACKARD PRINTER	335	1 each	XEROX PRO215 WORK CENTER COPIER
			336	1 each	SHARP MICROWAVE
			337	1 each	METAL DESK
			338	1 each	SECRETARIAL CHAIR
			339	1 each	2 DRAWER WOOD CABINET